

CAR T Cell Therapy Symptom Guide

IMPORTANT: The directions in this action plan **do not** replace medical guidance from your healthcare team. Remember to talk to your healthcare provider if you have any questions about your condition, treatment, or symptoms.

Keep your CAR T wallet card with you at all times and tell any healthcare providers you see that you have been treated with CAR T cell therapy.

Monitor for these symptoms and follow the instructions below.

EMERGENCY SYMPTOMS

Call or ask your care partner to **call 911** or get emergency help at the first sign of:

- Severe chest pain
- Difficulty catching your breath or trouble breathing
- Seizure or seizure-like activity
- Dramatic changes in level of consciousness—symptoms like not being able to wake up
- Symptoms of stroke—eg, weakness on one side of your body
- Severe vomiting or diarrhea
- Blurred vision
- Trouble speaking
- Any other situation that would warrant a call for emergency medical help

AFTER CALLING 911: Call your healthcare team. When paramedics arrive, show them your CAR T wallet card that was given to you after receiving treatment.

URGENT SYMPTOMS

Call or ask your care partner to call your healthcare team or get emergency help at the first sign of:

Cytokine release syndrome (CRS)	Neurologic symptoms (neurologic toxicity)	Infection
<ul style="list-style-type: none">• Fever of 100.4°F/38.0°C or higher• Chills/shaking chills• Fast or irregular heartbeat• Drop in blood pressure—lightheadedness or dizziness• Shortness of breath• Headache• Nausea• Fatigue• Confusion• Cough• Swelling• Stomach pain	<ul style="list-style-type: none">• Confusion, disorientation, not knowing where or who you are• Difficulty speaking or finding words• Decreased alertness, drowsiness, or difficulty waking up• Suddenly becoming weaker or unsteady when walking• Tremors (fine shaking of hands or feet)• Headache• Agitation• Memory loss• Personality changes• Difficulty writing	<ul style="list-style-type: none">• Fever of 100.4°F/38.0°C or higher• Chills• Sore throat• Cough, or chest or sinus congestion• Lower back pain, blood in the urine, or a burning sensation while urinating• Abdominal pain, vomiting, or diarrhea/loose stools• Sores or white patches in your mouth• Being unable to eat or drink for 24 hours

This document does not contain all of the possible side effects of CAR T cell therapy. Be sure to talk to your healthcare provider about any questions that you may have. Refer to the Prescribing Information, Medication Guide, and website for additional safety information for the specific CAR T cell therapy you're receiving.

Please see the most common side effects of CAR T cell therapy on the reverse side of this card.

CAR T Cell Therapy Side Effects Guide

Side effects can occur after you receive CAR T cell therapy. Below are some of the most common side effects patients have experienced. However, these are not all the possible side effects of treatment.

Monitor for these side effects and follow the instructions below.

MOST COMMON SIDE EFFECTS

Talk to your healthcare provider about any questions or concerns you have about side effects.

- Fatigue
- Difficulty breathing
- Fever (100.4°F/38°C or higher)
- Chills/shaking chills
- Confusion
- Difficulty speaking or slurred speech
- Severe nausea, vomiting, diarrhea
- Headache
- Dizziness/lightheadedness
- Fast or irregular heartbeat
- Swelling
- Low white blood cells (can occur with a fever)
- Low red blood cells
- Severe muscle or joint pain
- Low blood pressure

You may report side effects to the Food and Drug Administration at 1-800-FDA-1088, or contact the manufacturer of the product that you are receiving.

More support materials like this and other information are available at [ExploreCARTtherapy.com](https://www.bms.com/explorcarterapy).

Please see what symptoms to monitor for, and who to contact if they appear, on the reverse side of this card.